

ABSTRACT

Alveolar bone resorption, periodontal membrane loss,
and gingival recession can be inhibited by administering 500 mg
5 to 2000 mg per day of calcium, 10 mg to 40 mg per day of soy
isoflavone aglycone, and vitamin D₃ to persons having a tendency
for decreased bone density, postmenopausal women, and periodontal
disease patients in a maintenance phase; and even an extended
period of administration provides a high degree of safety.